

# Beginner - January 2007 Dance Class

TAUGHT BY: Donna Barringer Neighbors

[www.vadance.com](http://www.vadance.com)

## 4 Count Hustle Grouping

### Group One:

- |                             |                        |
|-----------------------------|------------------------|
| 1. 2 Closed Position Basics | 1234, 1234             |
| 2. (2) Release & Link       | 1234, 1234, 1234, 1234 |
| 3. 2 Closed Position Basics | 1234, 1234             |
| 4. Release                  | 1234                   |
| 5. 2 Open Basics - in place | 1234, 1234             |
| 6. Link                     | 1234                   |

### Group Two:

- |   |            |
|---|------------|
| 1. 2 Closed Position Basics   | 1234, 1234 |
| 2. <u>Man</u> - Basic in place, lead <u>Lady</u><br>Into Underarm Turn Right<br>(clockwise)                       | 1234       |
| 3. <u>Man</u> – Turning Basic, change places<br>Lead <u>Lady</u> Into Underarm Turn Left<br>(counter - clockwise) | 1234       |
| 4. <u>Man</u> – Back Pass, change places<br>Lead <u>Lady</u> to change places                                     | 1234       |
| 5. Link   | 1234       |

## Single Swing (Jitterbug)

### Group One:

- |                             |                        |
|-----------------------------|------------------------|
| 1. 2 Closed Position Basics | ssqq, ssqq             |
| 2. (2) Release & Link       | ssqq, ssqq, ssqq, ssqq |
| 3. 2 Closed Position Basics | ssqq, ssqq             |
| 4. Release                  | ssqq                   |
| 5. 2 Open Basics - in place | ssqq, ssqq             |
| 6. Link                     | ssqq                   |

### Group Two:

- |   |            |
|---|------------|
| 1. 2 Closed Position Basics   | ssqq, ssqq |
| 2. <u>Man</u> - Basic in place, lead <u>Lady</u><br>Into Underarm Turn Right<br>(clockwise)                       | ssqq       |
| 3. <u>Man</u> – Turning Basic, change places<br>Lead <u>Lady</u> Into Underarm Turn Left<br>(counter - clockwise) | ssqq       |
| 4. <u>Man</u> – Back Pass, change places<br>Lead <u>Lady</u> to change places                                     | ssqq       |
| 5. Link   | ssqq       |