

# *VaDance Studio*

1129 Thomas Jefferson Road \* Forest, VA

**1st Class FREE**



**Marinda Hamilton**

## YOGA CLASSES

**MORNING 9:00**

**Saturday**

**AFTERNOON 1:30**

**Tuesday & Thursday**

**EVENING 5:45**

**Monday & Wednesday**



**Debbie Ladd**

## YOGA CLASS

**MORNING 9:00**

**Friday**

Questions Contact **Marinda :**  
**434-258-6954**